

Effective January 2020

MultiCare Health System employee medical plan members can receive preventive medications covered at 100%, not subject to deductible, when dispensed at MultiCare Pharmacies.

Drugs or medications are preventive care when taken by a person who has developed risk factors for a disease that has not yet manifested itself or not yet become clinically apparent or to prevent the reoccurrence of a disease from which a person has recovered.

ANTIANGINAL AGENTS (Heart Disease)

isosorbide dinitrate ER tab
isosorbide dinitrate SL tab
isosorbide dinitrate tab
isosorbide mononitrate ER tab
isosorbide mononitrate tab
nitroglycerin lingual spray
nitroglycerin patch
nitroglycerin SR cap
NITROSTAT SL TAB

ANTIASTHMATICS (Asthma)

budesonide inh susp
CROMOLYN NEB SOLN
terbutaline sulfate tab

ANTIDIABETICS (Diabetes)

chlorpropamide tab
FIASP
FIASP FLEXTOUCH
glimepiride tab
glipizide ER tab
glipizide tab
glipizide/metformin tab
GLUCOSE TAB

glyburide micronized tab
glyburide tab
glyburide/metformin tab
LANTUS INJ
LANTUS SOLOSTAR INJ
LEVEMIR FLEXPEN INJ
LEVEMIR INJ
metformin ER tab
metformin tab
nateglinide tab
NOVOLOG FLEXPEN INJ
NOVOLOG INJ
NOVOLOG MIX FLEXPEN INJ
NOVOLOG MIX INJ
NOVOLOG PENFILL INJ
pioglitazone
tolazamide tab
TOLBUTAMIDE TAB
TOUJEO SOLOSTAR,
TRESIBA FLEXTOUCH

ANTIHYPERLIPIDEMICS (High Cholesterol)

cholestyramine lite powder
cholestyramine lite powder pack
cholestyramine powder
cholestyramine powder pack
colestipol granule
colestipol powder packet

colestipol tab
fenofibrate cap
fenofibrate tab
niacin cap
niacin CR tab
niacin tab

ANTIHYPERTENSIVES (Heart Disease, Hypertension, Diabetes)

amlodipine/benazepril cap
benazepril tab
benazepril/hydrochlorothiazide tab
bisoprolol/hydrochlorothiazide tab
captopril tab
captopril/hydrochlorothiazide tab
clonidine patch
clonidine tab
doxazosin tab
enalapril tab
enalapril/hydrochlorothiazide tab
eplerenone tab
fosinopril tab
fosinopril/hydrochlorothiazide tab
guanfacine IR tab
hydralazine tab
lisinopril tab
lisinopril/hydrochlorothiazide tab

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losartan tab
 losartan/hydrochlorothiazide tab
 methyldopa tab
 methyldopa/hydrochlorothiazide tab
 metoprolol/hydrochlorothiazide tab
 minoxidil tab
 moexipril tab
 moexipril/hydrochlorothiazide tab
 prazosin cap
 propranolol/hydrochlorothiazide tab
 quinapril tab
 quinapril/hydrochlorothiazide tab
 ramipril cap
 RESERPINE TAB
 terazosin cap
 trandolapril tab

BETA BLOCKERS (Hypertension)

acebutolol cap
 atenolol tab
 betaxolol tab
 bisoprolol tab
 carvedilol tab
 labetalol tab
 metoprolol tab
 metoprolol ER
 nadolol tab
 pindolol tab
 propranolol tab
 propranolol ER
 sotalol AF tab
 sotalol tab
 timolol maleate tab

BLOOD THINNING AGENTS (Stroke Prevention)

dipyridamole tab
 ticlopidine tab
 warfarin tab

CALCIUM CHANNEL BLOCKERS (Heart Disease, Hypertension)

amlodipine tab
 diltiazem ER cap
 diltiazem tab
 felodipine ER tab
 nifedipine cap
 nifedipine ER tab
 verapamil SR cap
 verapamil tab

CARDIOTONICS (Heart Disease)

digoxin soln
 digoxin tab

DIURETICS (Hypertension)

acetazolamide tab
 amiloride tab
 amiloride/hydrochlorothiazide tab
 bumetanide tab
 chlorothiazide tab
 CHLORTHALIDONE TAB
 furosemide soln
 furosemide tab
 hydrochlorothiazide cap
 hydrochlorothiazide tab
 indapamide tab
 methazolamide tab
 metolazone tab
 spironolactone tab
 spironolactone/hydrochlorothiazide tab
 torsemide tab
 triamterene/hydrochlorothiazide cap
 triamterene/hydrochlorothiazide tab

OSTEOPOROSIS

alendronate tab
 etidronate disodium tab 200mg
 FORTICAL NASAL SPRAY

PRENATAL VITAMINS

PRENATAL VITAMINS (PRENATAL PLUS/
 PREPLUS/PRENAPLUS)

ACA MEDICATIONS*

amethyst tab
 apri tab
 aranelle tab
 ASPIRIN CHEW TAB 75MG
 aspirin chew tab 81mg
 ASPIRIN EC TAB 325mg
 aspirin ec tab 325mg
 aspirin ec tab 81mg
 aspirin tab 325mg
 aspirin tab 81mg
 atorvastatin
 aviane tab
 balziva tab
 BEYAZ TAB
 buproban SR tab
 CERVICAL CAP
 cesia tab
 CHANTIX PAK
 CHANTIX TAB
 COMMIT LOZENGE
 CONCEPTROL GEL
 CONTRACEPTIVE FILM
 CONTRACEPTIVE FOAM
 CONTRACEPTIVE GEL
 CONTRACEPTIVE SUPP
 cryselle tab
 DEPO-PROVERA SC INJ 104MG
 DIAPHRAGM
 ELLA TAB
 enpresse tab
 FEMALE CONDOMS
 ferrous sulfate elixir
 FERROUS SULFATE LIQUID
 ferrous sulfate soln

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FERROUS SULFATE SYRUPFLUORA-	necon tab	sodium fluoride cream
BON SOLN	necon tab 1/50	SODIUM FLUORIDE LOZENGE
fluvastatin	NICODERM PATCH	sodium fluoride soln
folic acid tab 1mg	NICORETTE GUM	SODIUM FLUORIDE TAB
folic acid tab 400mcg	nicotine gum	sodium fluoride tab
folic acid tab 800mcg	NICOTINE KIT	tamoxifen tab
IMPLANON/NEXPLANON IMPLANT	nicotine lozenge	TODAY SPONGE
IRON SUSP	nicotine patch	tri-legest tab
jolessa tab/ amethia tab	NICOTROL INHALER	trilyte soln
junel FE tab	NICOTROL NASAL SPRAY	trinessa tab
junel tab	nora-be tab	vcf vaginal gel
kariva tab	NUVARING	vitamin D cap 1000unit
kelnor tab	ORTHO TRI-CYCLEN LO TAB	vitamin D cap 400unit
levonorgestrel tab	PARAGARD IUD	VITAMIN D TAB 400UNIT
LEVONORGESTREL TAB 0.75MG	peg 3350/electrolytes soln	XULANE PATCH
lovastatin	PLAN B TAB	YASMIN TAB
LURIDE SOLN	pravastatin	YAZ TAB
LURIDE TAB	PREVIDENT CREAM	zeosa chew tab
medroxyprogesterone inj	raloxifene tab	ZYBAN TAB
MIRENA IUD	rosuvastatin	
mononessa tab	simvastatin (80mg not covered)	

ACA medications are covered in full for qualifying members by plan as required by the Affordable Care Act at any WellDyneRx contracted pharmacy.

Health Care Reform

Preventive Drug Coverage Guidelines

The Affordable Care Act (ACA) requires that eligible people get certain preventive services at no cost. The following four categories and related drugs are clinical recommendations in the ACA. They are included in the ACA as preventive services. The ACA was passed in 2010.

Breast Cancer Prevention

Prescribe for women who are at increased risk of breast cancer (5-year risk of three percent or greater) and at a low risk for adverse drug effects. This applies to women without symptoms age 35 years or older. Also, they should not have a prior diagnosis of breast cancer, ductal carcinoma in situ (DCIS) or lobular carcinoma in situ (LCIS). These drugs should not be used in women who have a history of thromboembolic events (deep venous thrombosis, pulmonary embolus, stroke, or transient ischemic attack).

Medications	Coverage Guideline	Age Guideline
tamoxifen	20 mg daily for up to 5 years	Women, age 35 and older
raloxifen (Evista equivalent)	60 mg daily for up to 5 years	Postmenopausal women

Cardiovascular Disease Primary Prevention

To prevent cardiovascular events and mortality, prescribe low-to-moderate statins for adults without a history of cardiovascular disease when they 1) are 40 to 75 years of age, 2) have greater than or equal to one risk factor, such as dyslipidemia, diabetes, hypertension, or smoking, and 3) when the calculated 10-year risk of a cardiovascular event is greater than or equal to 10 percent.

Medications	Coverage Guideline	Age Guideline
Atorvastatin	10-20 mg for moderate-intensity regimen	Adults aged 40-75 years
Lovastatin	20 mg for low-intensity regimen 40 mg for moderate-intensity regimen	Adults aged 40-75 years
Pravastatin	10-20 mg for low-intensity regimen 40-80 mg for moderate-intensity regimen	Adults aged 40-75 years
Rosuvastatin	5-10 mg once daily for moderate intensity regimen. Quantity Limits apply.	Adults aged 40-75 years
Simvastatin	10 mg for low-intensity regimen 20-40 mg for moderate-intensity regimen	Adults aged 40-75 years

Colorectal Cancer Screening

Medications	Coverage Guideline	Age Guideline
Bowel Prep: Peg 3350/electrolytes solution and trilyte	Limited to 2 fills/calendar year	Covered for screening for colorectal cancer in adults between ages of 50 and 75.

Colorectal Cancer Screening

Medications	Coverage Guideline	Age Guideline
Aspirin	Prescribe when potential benefit (due to reduced heart attacks) outweighs the potential harm (due to an increase in GI hemorrhage) in men ages 45-79 years and women ages 55-79 years.	Aspirin is covered for pregnant women who are at high risk for pre-eclampsia and for men between ages of 45 and 79.

Smoking Cessation

Medications	Coverage Guideline	Age Guideline
bupropion (Zyban equivalent) Nicotrol Nasal Spray Nicotrol Inhaler Nicotine Kits nicotine patch (Nicoderm equivalent) nicotine gum (Nicorette equivalent) nicotine lozenge (Commit equivalent) Chantix	Provide tobacco cessation intervention to those adults that use tobacco products. Includes FDA-approved tobacco cessation medications (including both prescription and over-the-counter medications)	18 years and older

Smoking Cessation

Medications	Coverage Guideline	Age Guideline
Fluoride	Prescribe to preschool children older than 6 months of age whose primary water source is deficient in fluoride.	Fluoride needs to be covered for children of both sexes: ages 0 months to five years.
Folic Acid	Prescribe to women planning or capable of pregnancy as a daily supplement containing 0.4 to 0.8 mg (400 to 800 ug) of folic acid.	No age guidelines.
Iron	Prescribe to children aged 6 to 12 months who are at increased risk of iron deficiency anemia.	Iron needs to be covered for children of both sexes: ages 0 months to 1 year.
Vitamin D 400unit & 1000unit	Covered for men and women 65 years or older.	Prevention of falls in community-dwelling adults aged 65 years or older who are at increased risk for falls.