



MultiCare Health System Mail Order



June 1, 2022

Dear MultiCare Member,

Re: Important Information regarding Costco Mail Order

*Ventegra, Inc.
A California Benefit Corporation
450 North Brand Boulevard, Suite 600
Glendale, CA 91203-2306*

This letter is to inform you of an enhancement to the Rx Benefit. Members residing outside of WA and ID will now be able to receive medications on the Preventive Drug List at \$0 copay from Costco Mail Order, since Bonney Lake Mail Order Pharmacy is not able to ship outside of WA and ID.

A copy of the Preventive Drug List has been included for your convenience.

Ventegra is committed to providing the best customer service and is here to assist you and answer any questions. Please contact our Customer Care Team at CCT@ventegra.com, via our chat feature at [ventegra.com](https://www.ventegra.com), or call 1-877-867-0943, Monday - Friday 5:00 AM to 9:00 PM PST, Saturday 7:00 AM to 7:00 PM. PST, or Sunday 7:30 AM to 4:00 PM PST.

Sincerely,

Ventegra, Inc.

MultiCare Health System plan participants can receive preventive medications covered at 100%, not subject to deductible, when dispensed at MultiCare Pharmacies. Mail options are available, for more information about transferring your prescriptions, please call **(253) 447-3355**.

Please Note: Medications listed on the Preventive Drug List are subject to change.

ADHD/anti-narcolepsy/anti-obesity/anorexiant

Anorexiant non-amphetamine

Diethylpropion HCL

Phentermine HCL

Analgesics - nonnarcotic

Salicylates

Aspirin

Antiasthmatic and Bronchodilator agents

Bronchodilators - anticholinergics

Atrovent HFA

Incruse Ellipta Inh 62.5mcg

Ipratropium bromide

Leukotriene Modulators

Montelukast sodium

Selective phosphodiesterase 4 (PDE4) inhibitors

Daliresp

Steroid Inhalants

Arnuity Ellipta

Arnuity Ellipta inh 50mcg

Budesonide

Flovent Diskus

Flovent HFA

Sympathomimetics

Advair HFA

Albuterol sulfate

Anoro Ellipta

Breo Ellipta

Fluticasone propionate/salmeterol

Fluticasone propionate/salmeterol diskus

Ipratropium bromide/albuterol sulfate

Proair Respiclick

Trelegy aer Ellipta

Wixela Inhub

Xanthines

Theophylline ER

Anticoagulants

Coumarin Anticoagulants

Warfarin sodium

Direct Factor XA inhibitors

Eliquis

Xarelto

Heparins and Heparinoid-like agents

Enoxaparin sodium

Antidepressants

Antidepressants - misc.

Bupropion tab

Selective Serotonin Reuptake Inhibitors (SSRIS)

Citalopram

Escitalopram oxalate

Fluoxetine HCL

Fluvoxamine maleate

Fluvoxamine maleate ER

Paroxetine HCL

Paroxetine HCL ER

Sertraline HCL

Serotonin-Norepinephrine Reuptake Inhibitors (SNRIS)

Venlafaxine cap ER (225mg ER not included)

Venlafaxine tab

Antidiabetics**Alpha-glucosidase Inhibitors**

Acarbose

Antidiabetic - Amylin analogs

Symlinpen

Antidiabetic Combinations

Glyxambi

Pioglitazone HCL/metformin HCL

Synjardy

Synjardy xr

Biguanides

Metformin HCL

Metformin HCL ER

Diabetic other

Glucagon emergency kit

Incretin Mimetic Agents (GLP-1 Receptor Agonists)

Ozempic

Rybelsus

Trulicity

Victoza

Insulin

Insulin glargine-yfgn inj 100 unit/ml

Fiasp

Insulin asp prot & asp flexpen 70-30

Insulin aspart flexpen

Insulin aspart penfill

Insulin glargine-yfgn soln pen-injector 100 unit/ml

Lantus

Lantus solostar

Fiasp

Fiasp penfill

Fiasp flextouch

Novolin 70/30

Novolin 70/30 flexpen

Novolin N

Novolin R

Novolog

Novolog flexpen

Novolog mix 70/30

Novolog mix 70/30 prefilled flexpen

Novolog penfill

Toujeo max solostar

Toujeo solostar

Insulin Sensitizing Agents

Pioglitazone HCL

Meglitinide Analogues

Repaglinide

Sodium-Glucose Co-transporter 2 (SGLT2) Inhibitors

Farxiga

Jardiance

Sulfonylureas

Glimepiride

Glipizide

Glipizide ER

Glipizide XL

Glyburide

Antihyperlipidemics

Antihyperlipidemics - combinations

Ezetimibe/simvastatin

Antihyperlipidemics - misc.

Omega-3-acid ethyl esters

Bile Acid Sequestrants

Cholestyramine

Colesevelam HCL

Colestipol HCL

Fibric acid derivatives

Fenofibrate

Fenofibrate micronized

Fenofibric acid DR

Gemfibrozil

HMG CO-A reductase inhibitors

Atorvastatin calcium

Fluvastatin

Livalo

Lovastatin

Pravastatin sodium

Rosuvastatin calcium

Simvastatin

Intestinal Cholesterol Absorption Inhibitors

Ezetimibe

Nicotinic Acid Derivatives

Niacin ER

Antihypertensives

Ace Inhibitors

Benazepril HCL

Enalapril maleate

Fosinopril sodium

Lisinopril

Moexipril HCL

Quinapril HCL

Ramipril

Trandolapril

Angiotensin II Receptor Antagonists

Candesartan cilexetil

Irbesartan

Losartan potassium

Olmesartan medoxomil

Telmisartan

Valsartan

Antiadrenergic Antihypertensives

Clonidine HCL

Doxazosin mesylate

Guanfacine HCL

Prazosin HCL

Terazosin HCL

Antihypertensive Combinations

Amlodipine besylate/benazepril HCL

Amlodipine besylate/valsartan

Amlodipine/olmesartan medoxomil

Atenolol/chlorthalidone

Benazepril HCL/hydrochlorothiazide

Benazepril HCL/hydrochlorothiazide

Bisoprolol fumarate/hydrochlorothiazide

Enalapril maleate/hydrochlorothiazide

Irbesartan/hydrochlorothiazide

Lisinopril/hydrochlorothiazide

Losartan potassium/hydrochlorothiazide

Metoprolol/hydrochlorothiazide

Olmesartan medoxomil/hydrochlorothiazide

Quinapril/hydrochlorothiazide

Telmisartan/hydrochlorothiazide

Valsartan/hydrochlorothiazide

Selective Aldosterone Receptor Antagonists (SARAS)

Eplerenone

Vasodilators

Hydralazine HCL

Minoxidil

Antineoplastics and Adjunctive Therapies

Antineoplastic - hormonal and related agents

Anastrozole

Exemestane

Letrozole

Tamoxifen citrate

Antivirals

Antiretrovirals

Emtricitabine/tenofovir disoproxil fumarate

Beta Blockers

Alpha-Beta Blockers

Carvedilol

Labetalol HCL

Beta blockers Cardio-selective

Acebutolol HCL

Atenolol

Bisoprolol fumarate

Metoprolol succinate ER

Metoprolol tartrate

Nebivolol HCL tab 2.5 mg (base equivalent)

Beta Blockers Non-selective

Nadolol

Pindolol

Propranolol HCL

Propranolol HCL ER

Sotalol HCL

Calcium Channel Blockers

Calcium Channel Blockers

Amlodipine besylate

Cartia xt

Diltiazem HCL

Diltiazem HCL ER

Dilt-xr

Felodipine ER

Matzim LA

Nifedipine

Nifedipine er

Nimodipine

Verapamil HCL

Verapamil HCL ER

Verapamil HCL SR

Cardiovascular agents - misc.

Cardiovascular agents misc. - combinations

Entresto

Sinus node inhibitors

Corlanor

Contraceptives

Combination contraceptives - oral

Combination contraceptives- transdermal

Twirla

Zafemy

Combination contraceptives - vaginal

Annovera

Progestin contraceptives - IUD

Kyleena

Mirena

Diagnostic Products**Diagnostic Tests**

Freestyle Insulinx bloodglucose test

Freestyle Insulinx bloodglucose test strips

Freestyle lite test strips

Freestyle Precision Neo blood glucose test strips

Freestyle test strips

Precision Xtra blood glucose test strips

Relion True Metrix bloodglucose test strips

True Metrix blood glucoasetest strips

Diuretics**Carbonic Anhydrase Inhibitors**

Acetazolamide

Acetazolamide ER

Methazolamide

Diuretic combinations

Amiloride/hydrochlorothiazide

Spironolactone/hydrochlorothiazide

Triamterene/hydrochlorothiazide

Loop diuretics

Bumetanide

Furosemide

Torsemide

Potassium sparing diuretics

Amiloride HCL

Spironolactone

Thiazides and thiazide-like diuretics

Chlorthalidone

Hydrochlorothiazide

Indapamide

Metolazone

Endocrine and Metabolic agents - misc.**Bone density regulators**

Alendronate sodium

Calcitonin-salmon

Forteo

Ibandronate sodium

Risedronate sodium

Teriparatide

Hormone receptor modulators

Raloxifene HCL

Estrogens**Estrogen combinations**

Amabelz

Climara pro

Combipatch

Duavee

Estradiol/norethindrone acetate

Fyavolv

Jinteli

Premphase

Prempro

Estrogens

Dotti

Estradiol

Evamist

Menest

Premarin

Hematological agents - misc.**Platelet aggregation inhibitors**

Aspirin/dipyridamole ER

Brilinta

Cilostazol

Clopidogrel

Dipyridamole

Prasugrel

Hematopoietic agents**Folic acid/folates**

Folic acid

Laxatives**Laxative combinations**

Gavilyte

Suprep

Medical Devices and Supplies**Parenteral therapy supplies**

Pen needles

Syringes

Minerals & Electrolytes**Fluoride**

Fluoride

Sodium fluoride

Multivitamins**Multiple vitamins w/ minerals**

Thrivite 19

Ped multi vitamins w/FL & FE

Multi-vit/iron/fluoride

Multi-vitamin/fluoride/iron

Ped mv w/ fluoride

Multivitamin/fluoride

Multi-vitamin/fluoride drops

Vitamins a/c/d/fluoride

Toxoids**Toxoid combinations**

Adacel

Boostrix

Tenivac

Vaccines**Bacterial vaccines**

Menactra

Pneumovax 23

Pneumovax 23/1 dose

Pevnar 13

Viral vaccines

Afluria quadrivalent 2020-2021

Engerix-B

Gardasil 9

Havrix

Hepelisav-B

MMR II

Shingrix

Twinrix

Vaqta

Varivax

Vitamin D

Vasopressors

Anaphylaxis therapy agents

Epinephrine auto injector

Vitamins

Oil soluble vitamins