

WA State Information and Resources

First Choice Health understands the coronavirus pandemic means significant changes to our daily routines. At this uncertain and stressful time, we remain mindful that we're all in this together as our local communities, workplaces, and homes are impacted. We've assembled a list of resources to help you navigate through this unprecedented time.

Employment and Small Business Resources:

[WA State Employment Security Department](#) – Employment Security Programs designed for workers and employers impacted by COVID-19

[WA State Department of Commerce](#) - Small business disaster loans now available from U.S. Small Business Administration related to COVID-19

[United Way Unemployment Assistance Resources](#) – Links to WA State resources including transportation, food, social services, utilities, and tax filing assistance. (or call 211 for resources in your area)

Childcare Support Resources:

[Childcare Aware of Washington](#)

Meal and Food Resources:

[Emergency Food Network](#) – Pierce County Network providing food and shelter community based resources

[Seattle Food Committee](#) – Find list of Seattle area food banks

[Northwest Harvest.Org](#) – Listings for food banks and meal service program WA statewide

Healthcare:

[WA State Department of Health](#) – Department of Health Updates and information regarding COVID-19

[WAS State Healthcare Authority](#) - Includes AppleHealth (Medicaid), PEBB (Public Employee Benefits Board Members) and SEBB (School Employee Benefits Board Members) eligibility info relating to closure, loss of benefits due to COVID19

[Department of Enterprise Services](#) - Learn more about where/how to donate Personal Protective Equipment (PPE) and infection-control products to fulfill shortages.

Tools for Navigating Social Distancing:

[Weekend At Home](#) – WA State Department of Health blog with tips of things to do while keeping social distance.